



BUTTERFLY HOUSE FOR WOMEN

A residential community for women in spiritual recovery from alcoholism and addiction
phone: 603-832-9265 ▪ email: butterflyhouseforwomen@gmail.com
www.butterflyhouseforwomen.org

HOUSEMATE APPLICATION 2.12.23

Please read this application thoroughly before filling it out to make sure that you and Butterfly House would be a good fit. Most women print this application and then fill it out by hand. If you don't have access to a scanner, it is fine to take a photo of each page and send the photos. Please return by email to butterflyhouseforwomen@gmail.com.

Your Name: _____ Date: _____

Phone: _____ Email: _____

Do you currently have access to your phone? _____ To your email? _____ Age: _____

How did you hear about Butterfly House? _____

Incoming Butterfly House residents are required to be 30 days abstinent from their last use of alcohol or illicit drugs, to come to Butterfly House directly from treatment or supervision, and to pass a UA before joining us. Will you be able to meet these requirements? _____

What is your anticipated transition date (the date you be ready for a recovery home?) _____

THE POINT OF BUTTERFLY HOUSE

Butterfly House was established to give women dedicated to their recovery a safe, supportive, affordable home where we can bond with other women who understand how we think and feel and who will not judge us for our past, because we all have one.

We are a 12-step home, which means we believe strong recovery comes from developing and sharing spiritual practices, making strong friendships with other women in recovery, and finding belonging within a 12-Step fellowship by actively participating in recovery-focused meetings and events.

We are not a rooming house or a shelter or a halfway house or a facility or an institution or a treatment center. We live together at home as sisters who cooperate and look out for ourselves and our housemates. We are considerate of each other. We treat ourselves and our housemates with respect. We ask each other for help and suggestions rather than trying to figure out recovery on our own.

Butterfly House asks new residents for a 90-day minimum commitment because it can sometimes take as long as 90 days to feel completely at home and a part of the recovery community. We hope you feel a sense of belonging well before 90 days, and we are here to support you in finding that sense of belonging.

A resident in good standing is welcome to live at Butterfly House for as long as she would like.

We have resident guidelines and policies meant to keep all of us safe and to help us develop good habits in recovery. We are not the boss of you or the warden or your mother, but we do expect each of us to follow the guidelines, to make an effort to connect with our housemates, to do our share of chores, to ask for help if we need it, to support the other women in the house, and to focus on building a *new* life, with *new* routines and *new* friends, in recovery. Because building a rewarding life, free from drugs and alcohol, is the point of Butterfly House.

OUR SCOPE OF SERVICE

Our homes operate on a non-clinical, peer recovery support model and the spiritual practice of the Twelve Steps. Our scope of service is limited to non-professional, peer support for recovery from substance use disorder. We are not equipped nor are we qualified to offer the higher level of care that may be more appropriate for women facing challenging psychiatric or medical conditions.

DEA MEDICATION CLASSIFICATION POLICY

As a non-clinical peer-based recovery home Butterfly House cannot accommodate medications classified as controlled substances by the DEA or State of New Hampshire. The sole exceptions are medications that are FDA approved for the treatment of substance use disorder *and* prescribed to you specifically for treatment of your SUD.

NO PET POLICY

Not even goldfish.

EMPLOYMENT POLICY

Butterfly House residents must be employed outside the home **within three (3) weeks** of arrival. The Laconia area has many employment opportunities within walking distance of Butterfly Houses. We are not asking you to launch a career, but we are asking you to take on what we call a “get well” job. We believe employment empowers women because it allows us to find purpose outside ourselves, to engage with the community, to become self-sufficient, to practice responsibility, and to stay productively occupied. Residents with a recovery-related reason to delay employment (such as attending a PHP or if you are heavily scheduled in a

court-ordered program) may make a request for reasonable accommodation (a special exception to a rule or policy) with this application.

OUR ARCHITECTURE

Butterfly Houses are century-old “New Englander” style homes with steep or twisted staircases, tight bathrooms, tub-showers, and second or third floor bedrooms. Bedrooms are shared by one or more roommates and those roommates may snore.

FIT

Now that you’ve read the Point of Butterfly House, our home’s scope of service, our architecture, and our policies regarding controlled substances, pets, and employment, do you feel Butterfly House would be a good fit for you? _____

CURRENT PROGRAM OR SUPERVISION

Name of program (treatment, respite, recovery court, etc): _____

Date you arrived at or were admitted to current program or supervision: _____

Discharge/release date: _____

Caseworker or referring professional: _____

phone with ext: _____

email: _____

HISTORY

Do you have local ties to Laconia (family, friends, grew up here)? _____

Has your main challenge been drugs, alcohol, or both? _____

When did you last use illicit drugs or alcohol? _____

Are you on probation or parole? _____ Do you have a history of arson? _____

Are you a convicted sex offender and/or required to register as a sex offender in any state? _____

Have you ever been convicted of or do you face pending charges for any act associated with the death or serious injury of a law enforcement officer? _____

Have you ever been convicted of or do you face pending charges for a hate crime or human trafficking?

Do you have a history of violence? _____ if so, please explain: _____

Are you currently on either side of an order of protection (restraining order)? _____ If so, please explain:

Please list the New Hampshire recovery homes where you have been a past resident: _____

HEALTH

Is your recovery supported by provider-prescribed methadone, buprenorphine with naloxone (Suboxone) or buprenorphine (Subutex or Sublocade)? _____ If yes, which medication and dose? _____

Please list any provider-prescribed medications that you would bring to Butterfly House (*We cannot accommodate any controlled substances except those FDA approved for the treatment of substance use disorder and prescribed to you specifically for the treatment of substance use disorder.*)

Do you have any medical or health conditions, allergies, physical disabilities, limitations, or challenges that you would like Butterfly House to be aware of (we aren't asking what they are, just if you have any)? _____

If yes, would your medical or health conditions, allergies, physical disabilities, limitations, or challenges require accommodation (modifications of our policies or guidelines, etc.) by Butterfly House? _____

Do you have any mental health or cognitive conditions, limitations, challenges, or disabilities that you would like Butterfly House to be aware of (we aren't asking what they are, just if have any)? _____

If yes, would your mental health or cognitive conditions, physical disabilities, limitations, or challenges require accommodation (modifications of our policies or guidelines, etc.) by Butterfly House? _____

GENERAL QUESTIONS

Partner relationship status: _____ Children: _____

We require residents to begin employment within three weeks. What is your employment plan?

Is there any reason you would not be able to find and begin employment within three weeks? _____

If yes, please explain: _____

Do you have a driver's license? _____ Do you have valid identification? _____ Will you bring a car? _____

What is the biggest challenge you face in your recovery? _____

Will you have trouble following our home's guidelines and policies? _____ If yes, please explain:

Do you have problems getting along with others? _____

temper___ social awkwardness___ anxiety___ arrogance___ bullying___ sarcasm___
control issues___ shyness___ lying___ mistrust of other women___ racism___ defiance___
fear of not fitting in___ messy___ competitive___ controlling___ other___

Our home is dedicated to the spiritual practice of the 12 steps. What reservations/reluctance do you have about 12 step spiritual practice? _____

Is there anything else you think we should know about you? _____

Our monthly housing fee is \$900, due on the 1st of the month. How will you cover the \$900?

The monthly housing fee includes all utilities, but it does not include food and personal hygiene products.

Will you come to Butterfly House with enough money to buy groceries for yourself? _____

We ask because we hate to think of anyone going hungry while adjusting to a new home.
Vista Supermarket is within walking distance of Butterfly Houses.

I certify that all information provided in this application for residency at Butterfly House for Women is true.

Signature: _____ Date: _____

Thank you for taking the time to fill out this application.

Women find such success at Butterfly House with their personal recovery that they are not often in a hurry to move on. This means we do not have frequent resident turnover, although sometimes we have an unexpected, unscheduled opening.

Once we receive your application, we review it and put you on our Match List. It helps if you keep checking in with us by email at butterflyhouseforwomen@gmail.com to let us know that you are still interested.

Because some women send in applications months in advance of when they will be available to transition to a recovery home, our Match List is not first-come-first-served.

If we are reasonably sure of an opening that matches your availability, we will arrange to have a phone conversation with you at a time close to your transition date to confirm that our home is a good match for your needs and expectations.

And thank you for your interest in Butterfly House for Women.