



# **BUTTERFLY HOUSE FOR WOMEN**

A residential community for women in spiritual recovery from alcoholism and addiction

phone: 603-832-9265 ▪ email: butterflyhouseforwomen@gmail.com

www.butterflyhouseforwomen.org

## **HOUSEMATE APPLICATION**

*Please read this application thoroughly before filling it out to make sure that you and Butterfly House would be a good fit.*

### **The Point of Butterfly House**

Butterfly House was established to give women dedicated to their recovery a safe, supportive, affordable home where we can bond with other women who understand how we think and feel and who will not judge us for our past, because we all have one.

We are a 12-step home, which means we believe strong recovery comes from developing and sharing spiritual practices, making strong friendships with other women in recovery, and finding belonging within a 12-Step fellowship by actively participating in recovery-focused meetings and events.

We are not a rooming house or a halfway house or a facility or an institution or a treatment center. We live together at home as sisters who cooperate and look out for ourselves and our housemates. We are considerate of each other. We treat ourselves and our housemates with respect. We ask each other for help and suggestions rather than trying to figure out recovery on our own.

Butterfly House asks new residents for a 90-day minimum commitment because it can sometimes take as long as 90 days to feel completely at home and a part of the recovery community. We hope you feel a sense of belonging well before 90 days, and we are here to support you in finding that sense of belonging.

A resident in good standing is welcome to live at Butterfly House for as long as she would like.

We have resident guidelines and policies meant to keep all of us safe and to help us develop good habits in recovery. We are not the boss of you or the warden or your mother, but we do expect each of us to follow the guidelines, to make an effort to connect with our housemates, to do our share of chores, to ask for help if we need it, to support the other women in the house, and to focus on building a *new* life, with *new* routines and *new* friends, in recovery. Because building a rewarding life, free from drugs and alcohol, is the point of Butterfly House.

*Our homes operate on a non-clinical, peer recovery support model and the spiritual practice of the Twelve Steps. We are not equipped nor are we qualified to offer the higher level of care that may be more appropriate for women facing challenging psychiatric or medical conditions.*

*For security reasons, Butterfly House cannot accommodate medications designated by the DEA or State as controlled substances Class I-V. The sole exceptions are methadone and buprenorphine prescribed specifically for substance use disorder.*

Most women print this application and then fill it out by hand. If you don't have access to a scanner, it is fine to take a photo of each page and send the photos. Please return by email to butterflyhouseforwomen@gmail.com.

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If you were referred to our home by a counselor or other professional, please check that you have signed a release of information authorization with that professional, allowing them to speak with us.

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Your Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Do you currently have access to your phone? \_\_\_\_\_ To your email? \_\_\_\_\_ Age: \_\_\_\_\_

How did you hear about Butterfly House? \_\_\_\_\_

Incoming Butterfly House residents are required to be 30 days abstinent from their last use of alcohol or illicit drugs, to come to Butterfly House directly from treatment or supervision, and to pass a UA before joining us. Will you be able to meet these requirements? \_\_\_\_\_

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#### CURRENT PROGRAM OR SUPERVISION

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Name of program (treatment, respite, recovery court, etc): \_\_\_\_\_

Date you arrived at or were admitted to current program or supervision: \_\_\_\_\_

Discharge/release date: \_\_\_\_\_

Caseworker or referring professional: \_\_\_\_\_

phone with ext: \_\_\_\_\_

email: \_\_\_\_\_

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#### HISTORY

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What town/city have you lived in most regularly over the last five years? \_\_\_\_\_

Has your main challenge been drug, alcohol, or both? \_\_\_\_\_

Were you recently asked to leave a sober house or treatment center? \_\_\_\_\_

If so, what was the reason? \_\_\_\_\_

Have you ever been evicted? \_\_\_\_\_ if so, why? \_\_\_\_\_

When did you last use illicit drugs or alcohol? \_\_\_\_\_

Do you have outstanding warrants, pending criminal charges or upcoming court dates? \_\_\_\_\_

Are you on probation, parole, or suspended sentence? \_\_\_\_\_

Are you a convicted sex offender and/or required to register as a sex offender in any state? \_\_\_\_\_

Have you ever been convicted of or do you face pending charges for any act associated with the death or serious injury of a law enforcement officer? \_\_\_\_\_

Have you ever been convicted of or do you face pending charges for a hate crime or human trafficking? \_\_\_\_\_

Do you have a history of violence? \_\_\_\_\_ if so, explain: \_\_\_\_\_

\_\_\_\_\_

Do you have a history of arson? \_\_\_\_\_

Are you currently on either side of an order of protection (restraining order)? \_\_\_\_\_ If so, please explain:

\_\_\_\_\_

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### MEDICAL

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Is your recovery supported by physician-prescribed methadone or buprenorphine? \_\_\_\_\_

If yes, do you feel MAT would prevent you from full participation in a 12 Step program? (We don't!) \_\_\_\_\_

Please list any physician-prescribed medications that you would be bringing to Butterfly House:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Please Note: Butterfly Houses are century-old "New Englander" style homes with steep or twisted staircases, tight bathrooms, tub-showers, and second floor bedrooms. Bedrooms are shared by one or more roommates and those roommates may snore.*

Do you have any medical conditions, physical disabilities, limitations, or challenges that you would like Butterfly House to be aware of or that would require accommodation by Butterfly House? \_\_\_\_\_

\_\_\_\_\_

Do you have any mental health conditions, limitations, challenges, or disabilities that you would like Butterfly House to be aware of or that would require accommodation by Butterfly House? \_\_\_\_\_  
\_\_\_\_\_

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**GENERAL QUESTIONS**

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Marital status: \_\_\_\_\_ Children: \_\_\_\_\_

Women at Butterfly House are expected to find and begin a job within three weeks. What is your employment plan? \_\_\_\_\_  
\_\_\_\_\_

Is there any reason you would not be able to find and begin employment within three weeks? \_\_\_\_\_  
\_\_\_\_\_

Do you have a valid driver's license? \_\_\_\_\_ Will you bring a car? \_\_\_\_\_

What is the biggest challenge you face in your recovery? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How do you hope being a part of Butterfly House will help with your recovery? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What personal qualities will you contribute to the mutual support we share in our home? \_\_\_\_\_  
\_\_\_\_\_

Is there any reason you might have trouble following our home's guidelines and expectations? \_\_\_\_\_  
If yes, explain: \_\_\_\_\_

Do you have problems getting along with others? \_\_\_\_\_

- temper \_\_\_\_\_ social awkwardness \_\_\_\_\_ anxiety \_\_\_\_\_ arrogance \_\_\_\_\_ bullying \_\_\_\_\_ sarcasm \_\_\_\_\_  
control issues \_\_\_\_\_ shyness \_\_\_\_\_ lying \_\_\_\_\_ mistrust of other women \_\_\_\_\_ racism \_\_\_\_\_  
defiance \_\_\_\_\_ not fitting in \_\_\_\_\_ messy \_\_\_\_\_ competitive \_\_\_\_\_ controlling \_\_\_\_\_ other \_\_\_\_\_

Our home is dedicated to the spiritual practice of the 12 steps. What reservations/reluctance do you have about 12 step spiritual practice?

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Is there anything else you think we should know about you? \_\_\_\_\_

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Our monthly housing fee is \$700, due on the 1<sup>st</sup> of the month. We require one month's housing fee in full at the time you join our home. We do not charge a move-in or administrative fee.

How will you cover the \$700? \_\_\_\_\_

(If you will receive financial assistance from an agency or organization to help with your monthly housing fee, we will need confirmation of that assistance.)

The monthly housing fee includes all utilities, but it does not include food and personal hygiene products.

Will you come to Butterfly House with enough money to buy groceries for yourself? \_\_\_\_\_

We ask because we hate to think of anyone going hungry while adjusting to a new home.

Vista Supermarket is within walking distance of Butterfly Houses.

**I certify that all information provided in this application for residency at Butterfly House for Women is true.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Thank you for taking the time to fill out this application.*

*Women find such success at Butterfly House with their personal recovery that they are not often in a hurry to move on. This means we do not have frequent resident turn-over, although sometimes we have an unexpected, unscheduled opening.*

*Once we receive your application, we review it and put you on our Match List. It helps if you keep checking in with us by email to let us know that you are still interested.*

*Because some women send in applications months in advance of when they will be available to transition to a recovery home, our Match List is not first-come-first-served.*

*If we are reasonably sure of an opening that matches your availability, we will arrange to have a phone conversation with you at a time close to your transition date to confirm that our home is a good match for your needs and expectations.*

**And thank you for your interest in Butterfly House for Women.**